



**END MALE VIOLENCE AGAINST WOMEN**

Role models:

A session for young people aged 14 -18

During the coronavirus crisis we are making some resources available free of charge.

Please consider making a donation to support our work

<https://www.whiteribbon.org.uk/donate-fundraise/#donate>

# THE MAN BOX

What does it  
mean to be a  
'real man'?

Think of all the stereotypes of what it means to "be a real man". This can be all the things that you think society expects of men and boys. e.g. strong, wealthy, aggressive, competitive, dominant, unemotional, practical, good at DIY



**What do each of these characteristics mean?**

**Are they**

**positive?**

**negative?**

**or both?**

**What can the outcome be of men  
living up to these expectations?**

## Some outcomes of living up to the stereotypes

Winning

Emotional  
control

Sexism

Homophobia

Risk taking

Pursuit of  
status

Violence

Power over  
women

Dominance

Player

Transphobia

Self reliance

There are close links  
between what we're told it  
means to be a man, and  
gender-based violence.

So what's the  
reality?

Take the quiz ...



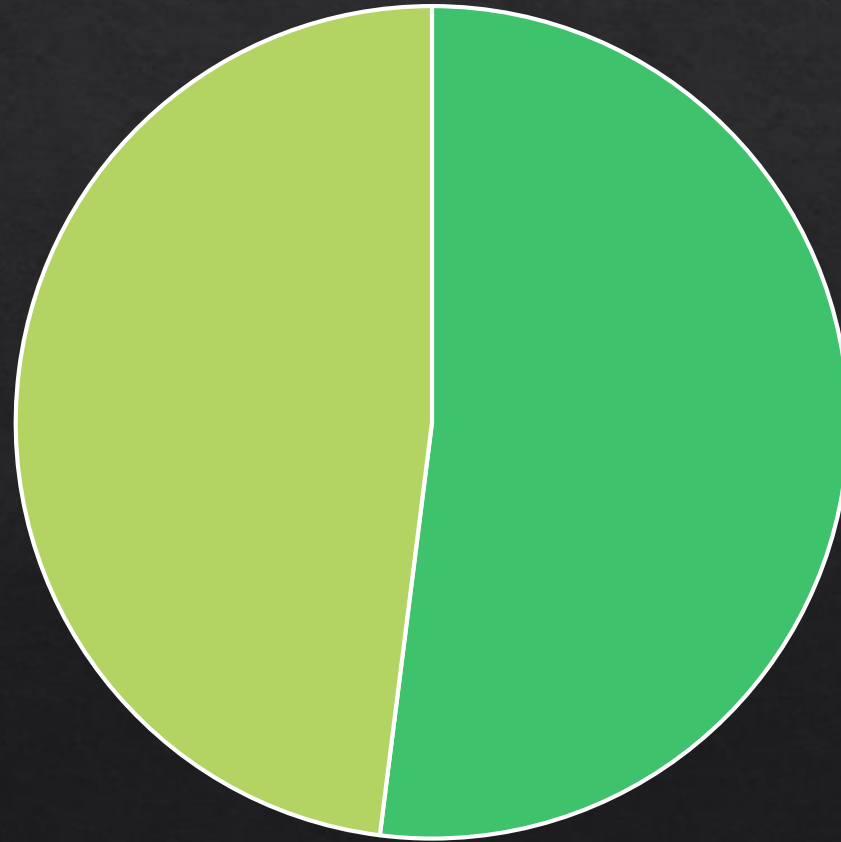
# How many women have experienced unwanted touching?

10%

25%

50%

## Nearly 50% of women have experienced unwanted touching



*Professor Louise Mullany and Dr. Loretta Trickett (2018)  
Misogyny Hate Crime Evaluation Report, Nottingham Women's Centre:  
Office of Nottinghamshire Police and Crime Commissioner.*

**How many women have  
received unwanted sexual advances?**

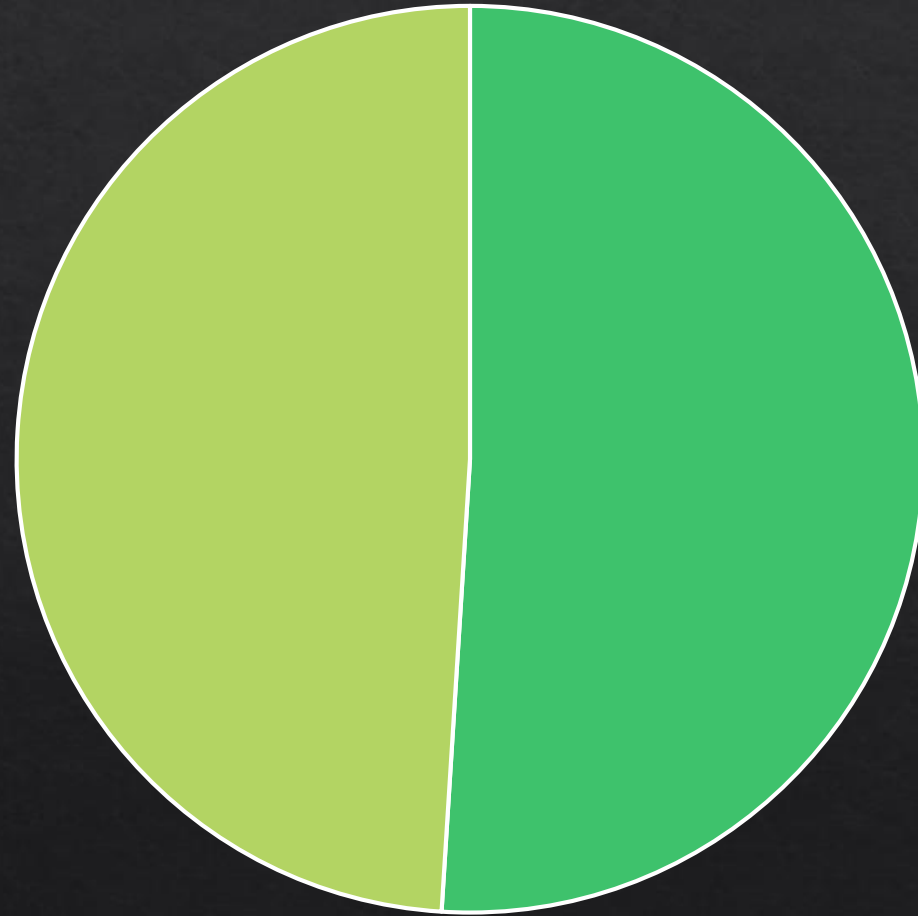
**A  
quarter**

**Half**

**Three  
quarters**



49% have received unwanted advances



*Professor Louise Mullany and Dr. Loretta Trickett (2018)  
Misogyny Hate Crime Evaluation Report, Nottingham Women's Centre:  
Office of Nottinghamshire Police and Crime Commissioner.*

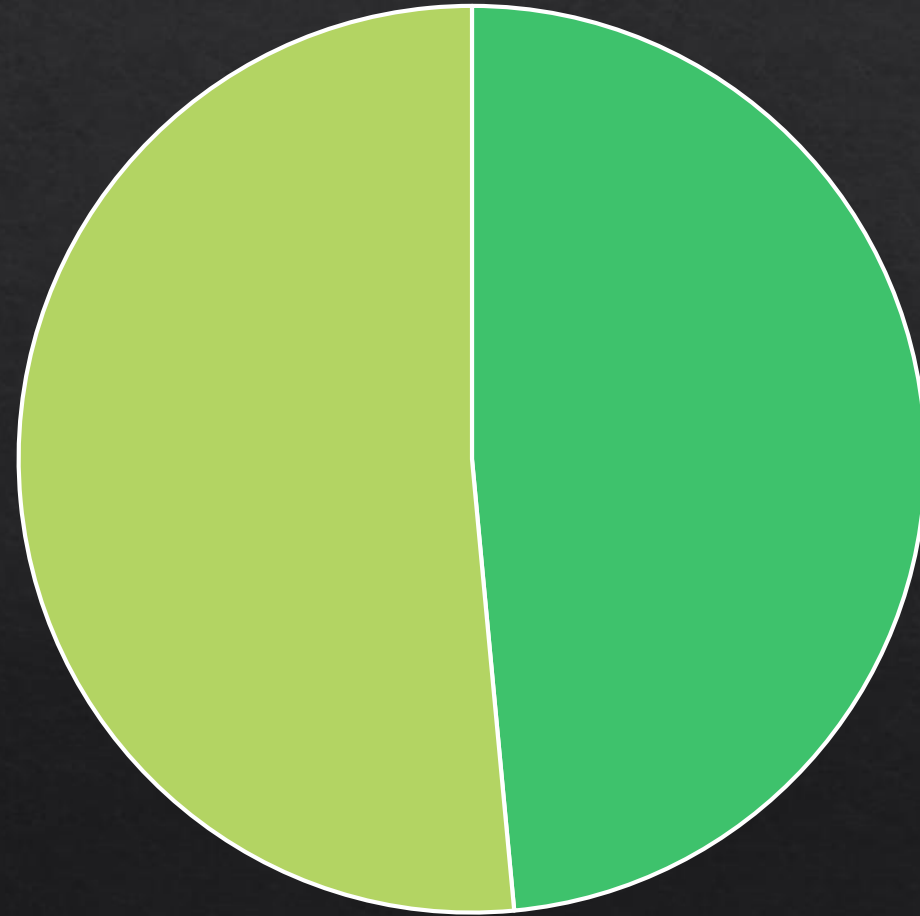
# What percentage of women have experienced threatening, aggressive or intimidating behaviour?

12%

25%

52%

52% of women have experienced threatening,  
aggressive or intimidating behaviour



*Professor Louise Mullany and Dr. Loretta Trickett (2018)  
Misogyny Hate Crime Evaluation Report, Nottingham Women's Centre:  
Office of Nottinghamshire Police and Crime Commissioner.*

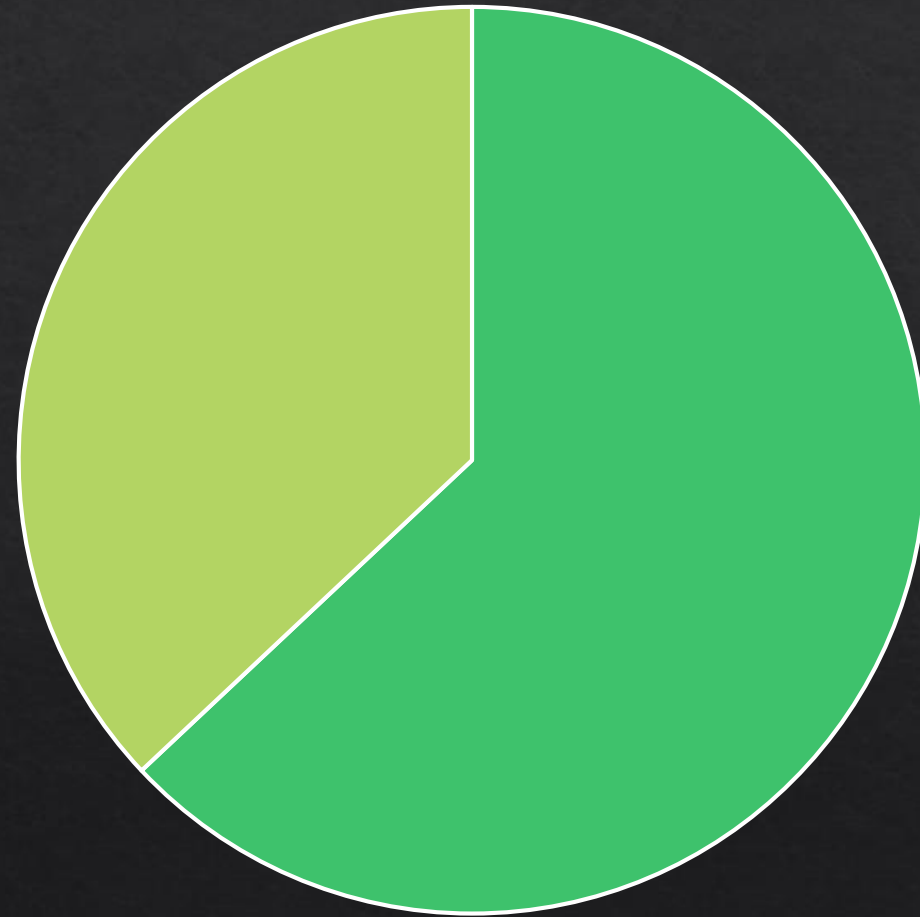
# What percentage of girls have been harassed on their way to school?

10%

25%

37%

37% of girls have been harassed  
on their way to school



# How many victims of domestic violence are women

3 out of  
7

5 out of  
7

6 out of  
7



**6 out of 7** victims of domestic violence in England and Wales are **women\***

**Men and boys can and must make a difference - we need to challenge the idea that “violence against women is caused by some bad men”. Most men might not use violence, but all boys and men have a responsibility to help prevent it.**

**Destructive and violent masculinity norms also harm men and by challenging those norms, the lives of boys and men will get better.**



# About White Ribbon?

The White Ribbon movement was formed by a group of pro-feminist men in Canada in November 1991 as a response to the murders of female students by a gunman because of his hatred towards women.

The campaign was intended to raise awareness about the prevalence of male violence against women, with the ribbon symbolising "the idea of men giving up their arms". White Ribbon has been active in over 60 countries.



The White Ribbon Promise has been made  
by over 37,000 people in the UK

**NEVER**  
**COMMIT, EXCUSE OR**  
**REMAIN SILENT ABOUT**  
**MALE VIOLENCE**  
**AGAINST WOMEN**

If we speak out when we see sexist and harassing behaviour amongst our friends we can stop this being seen as acceptable. This can stop violence escalating and creates a better society for everyone.



# Where do I start?

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Think carefully and make the white ribbon promise if this is something you want to do

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Wear a white ribbon and use it to talk to your friends

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Think about how you can be a positive role model

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Visit the White Ribbon website and find out more

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Follow and engage with people who speak out against violence on social media

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Reflect on your own behaviour and make changes

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Challenge sexist comments

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Consider becoming a White Ribbon Youth Advocate

You can make the White Ribbon Promise here

<https://www.whiteribbon.org.uk/promise>

**If you need help:**

**call Childline 0800 1111**

Find out more about White Ribbon Youth Advocates by emailing  
jo.wood @whiteribbon.org.uk

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